

# Senso vein trainer usage and care instructions

Congratulations on your purchase of the Senso vein trainer.

Having purchased the Senso vein trainer you have chosen a TOGU<sup>®</sup> branded product which is "Made in Germany"!

It is made in conformity with the applicable EU regulations for sports equipment and is free of banned phthalates and heavy metals.

Please read the following instructions carefully.

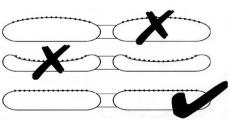
#### Air filling:

Attach needle (in the pump handle9 to the pump. Pinch material around the valve with two fingers and moisten the tip of the needle. Insert the needle straight and with caution. Inflate to desired level. Pinch material around the valve with two fingers and moisten the tip of the needle. Insert the needle straight and with caution. Deflate to sired level. (Pump not necessary for this procedure.)

Too much air:

Not enough air:

Optimal air filling:



### Application:

Place your feet in the centre of each pad of the Senso vein trainer. Alternate pushing each heel and balls of the foot into the air cushion. Left front and right back, vice versa. Train as long as you feel comfortable.

### Equipment details:

The Senso vein trainer is made of high-quality Ruton. Measure: ca. 34 x 33 cm Max. Load: ca. 200 kg

## Thermal stability:

The Senso vein trainer is UV-resistant and also heat-resistant to a limited degree. The can easily withstand temperatures of up to 45°C. However, the Senso vein trainer should be kept out of direct sunlight (e.g. do not store in the window). The material softens as it gets warmer.

Senso vein trainer is also resistant to cold, but should nevertheless not be stored at temperatures below - 10°C. The material hardens as it gets colder.

#### Care:

Any mild standard cleaning agents and disinfectants can be used to clean the Senso vein trainer. Solventbased, acidic or caustic cleaners will damage the material.

Avoid contact with sharp or sharp-edged objects that could harm the product.

Use only the pump provided with the product. Other needles might damage the valve.

Senso vein trainer adapts to room temperature in only a few minutes. The "new" smell of the Senso vein trainer will fade soon – like the smell of a new car interior.

